

# September 2022 K-12 Lunch Menu

# Sunrise Christian Academy

**Kindergarten \$3.25 1<sup>st</sup>-5<sup>th</sup> \$4.25 6<sup>th</sup> -12<sup>th</sup> \$5.00**

Seconds available on Fruits and Vegetables at no additional charge

6<sup>th</sup>-12<sup>th</sup> Meals include 1 entrée

Additional entrees may be purchased for \$1.50

Menu subject to change

2% and chocolate milk available for purchase \$.80

On days where salad is listed, just a salad available for \$1

<p><b>5</b> <b>Labor Day</b>  <b>No School</b></p>	<p><b>6</b> Taco Tuesday <b>Ultimate Beef Nacho</b> Rice/ Corn/Beans Lettuce/Tomato/ Salsa Fruit</p>	<p><b>7</b> <b>Hot Dog or</b> <b>Chicken Lo Mein</b> Salad with Toppings Potato Chips Orange</p>	<p><b>8</b> <b>Cheeseburger</b> Tater Tots Carrots Fruit Red Gelatin</p>	<p><b>9</b> <b>Chicken Tender</b> Mashed Potato Gravy Green Beans Watermelon</p>
<p><b>12</b> (9-10<sup>th</sup> SEW) <b>Chicken Alfredo</b> Salad with Toppings Peaches Brownie</p>	<p><b>13</b> (9-10<sup>th</sup> SEW) <b>BBQ Chicken</b> Baked Potato or Rice Broccoli/ Cheese Fruit</p>	<p><b>14</b> (9-10<sup>th</sup> SEW) <b>Grilled Cheese</b> <b>Sandwich</b> Tomato Soup Cucumber Slices Apple Slices</p>	<p><b>15</b> (7-8<sup>th</sup> SEW) <b>Chicken Sandwich</b> Macaroni /Cheese Cucumber/Ranch Fruit mix</p>	<p><b>16</b> (7-8<sup>th</sup> SEW) <b>Meatloaf</b> Rice Green Beans Peach Cobbler</p>
<p><b>19</b> (11-12 SEW) <b>Spaghetti/ Meat Sauce</b> Salad with Toppings Breadstick Fruit</p>	<p><b>20</b> (11-12 SEW) <b>Cheeseburger</b> Baked Beans Pasta Salad Apple Slices</p>	<p><b>21</b> (11-12 SEW) <b>Hot Dog or</b> <b>Biscuit/Sausage Gravy</b> Tater Tots Fruit Cinnamon Crumb Cake</p>	<p><b>22</b> <b>Jambalaya or</b> <b>Hot Ham/ Cheese</b> <b>Sandwich</b> Cornbread Carrots Chocolate Chip Cookie</p>	<p><b>23</b> <b>Pizza</b> Salad with Topping Fruit</p>
<p><b>26</b> <b>Chicken Fajita Bowl</b> Rice/ Corn/Beans Lettuce/Tomato/ Salsa Fruit</p>	<p><b>27</b> <b>Chicken Teriyaki or</b> <b>Pork/ Potato Curry</b> Steamed Rice Veggie Mix Pineapple</p>	<p><b>28</b> <b>Pepperoni Pasta Bake</b> Salad with toppings Corn Fruit</p>	<p><b>29</b> <b>Chicken Sandwich</b> Chips Carrots Fruit Rice Crispy Treat</p>	<p><b>30</b> <b>BBQ Meatballs</b> Macaroni and Cheese Green Beans Pumpkin Cake</p>